

Professional Disclosure Statement

Michael D. Jolliffe, MS, Professional Counselor Associate

Michael D. Jolliffe (Jolliffe Counseling Services), LLC

(503) 609-0399

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Philosophy and Approach: I believe that all people seek happiness and wish to avoid suffering and that all people have the right to pursue joy and freedom from pain. I believe that all people are capable of bringing constructive change into their lives, whatever their present circumstances. I view my job as providing a welcoming, supportive, safe, socially just, and competent space in which positive change can occur.

I employ an eclectic approach based on existential counseling theory, which seeks to help clients explore how the human condition impacts daily life; cognitive-behavioral therapy (CBT), which seeks to help clients explore how thoughts impact feelings and actions; and family systems theory, which helps couples and families in particular explore and improve relationship dynamics. When appropriate, I also draw from Tibetan Buddhist philosophy to deepen discussions about love, compassion, and happiness. When appropriate and with clients' permission, I make use of secular mindfulness and creative visualization techniques to support our discussions.

Formal Education and Training: I hold a Master of Science in Marital, Couple, and Family Counseling (2020) from Portland State University in Portland, Oregon. Major course work included human development, family life cycles, and counseling skills. I also hold a Master of Arts in Advanced Buddhist Studies (2009) from Maitripa College in Portland, Oregon. Major course work included Tibetan Buddhist philosophy, Tibetan language, and meditation. I have received special training in suicide assessment and prevention (2019) from Lines for Life in Portland, Oregon.

As a professional counselor associate registered **with the Oregon Board of Licensed Professional Counselors and Therapists (OBLPCT), I abide by its Code of Ethics.** Also, as a **member of the American Counseling Association (ACA), I abide by its Code of Ethics.**

As a professional counselor associate, I am supervised by John P. Deihl, a licensed clinical social worker (LCSW), which I will be happy to explain.

Fees: My regular fee for individuals is \$120 per 50-minute session. My regular fee for families (i.e., two or more individuals) is \$120 per 50-minute session (or, \$150 per 75-minute session). My regular fee for therapeutic meditation and mindfulness instruction is \$120 per 50-minute session. Payments can be made through Venmo (@jcspdx). If Venmo is inaccessible, other arrangements for payment can be made.

Although I have a limited number of sliding-scale and *pro bono* spots for those in need, please do *not* hesitate to inquire with me about the availability of those spots.

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As a client of an Oregon registered professional counselor associate, you have the following rights:

- * To expect that a licensee has met the qualifications of training and experience required by state law;
- * To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- * To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- * To report complaints to the Board;
- * To be informed of the cost of professional services before receiving the services;
- * To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- * To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at:

3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499

Email: lpct.board@oregon.gov Website: <http://www.oregon.gov/OBLPCT/>

For additional information about this professional counselor associate, consult the Board's website.